

# MENU

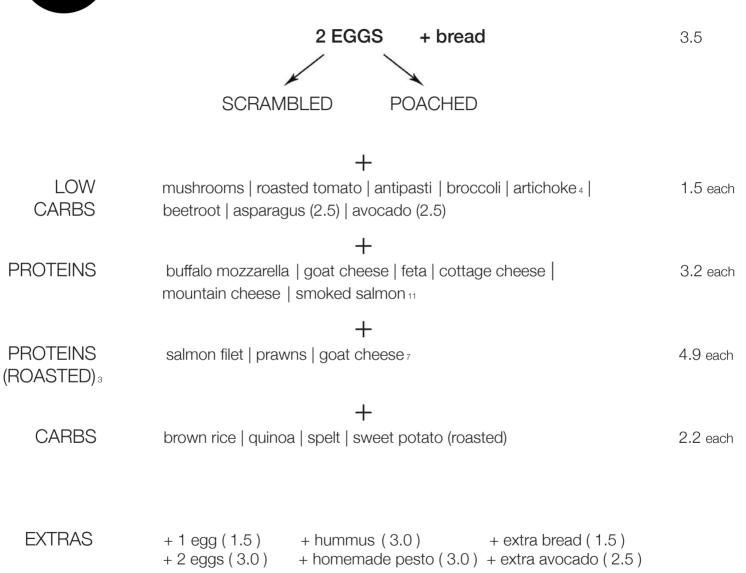
#### ABOUT

FECHTNER's name has its roots with Tabea's great-great-aunt, who ran a delicatessen with the same name in West Berlin between 1923 and 1946. During this time FECHTNER delivered salads and delicacies to authors such as the Russian Nabokov, who lived in the same building at the time, and actors including Viktor de Kowa. Sadly the destruction of the building and business in the aftermath of the Second World War spelled the end of the delicatessen, but on the 15th of August 2016 this tradition was brought back to life, fresher than ever, in Berlin Mitte.

Behind the new FECHTNER stand Tabea Meyer and Tobias Vetter, who have created the concept of FECHTNER based on a love of fresh, healthy food and a passion for architecture, art and design.

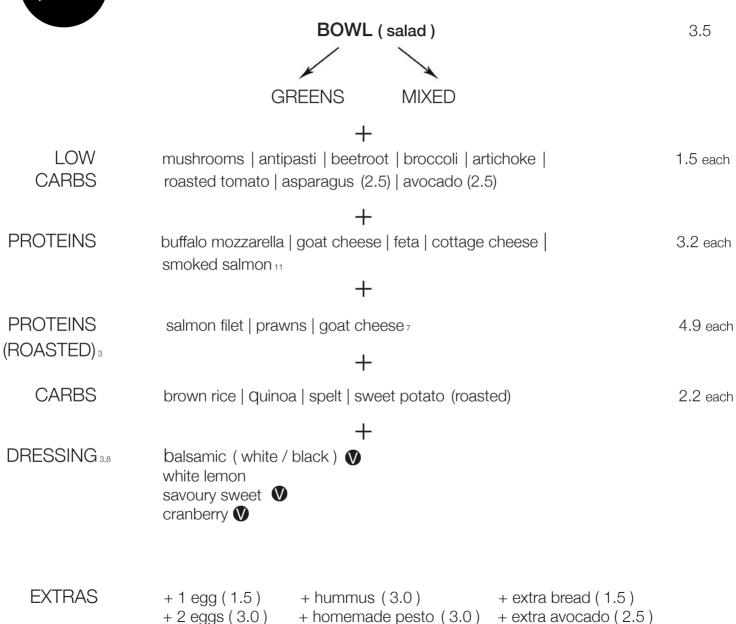


DECIDE YOURSELF ...





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# BREAKFAST 7

BIRCHER MÜSLI homemade	4.8
GRANOLA homemade roast, yogurt, fruits, honey7	4.8
CHIA PUDDING 🛛 🕅 homemade, coconut milk, toppings included	6.5
CROISSANT <sup>®</sup> with homemade jam & butter	3.5

SCRAMBLED EGGS	+ bread	POACHED EGGS	+ bread	
chives	4.0	roasted tomato		5.0
roasted tomato, onion	5.0	roasted mushrooms		5.0
mushrooms, onion	5.0	goat cheese		6.2
goat cheese, honey 7	6.5	smoked salmon 11		6.9
smoked salmon 11, chives	6.9			

EXTRAS  $+ 1 \operatorname{egg}(1.5) + 2 \operatorname{eggs}(3.0) + \operatorname{salmon filet}(4.9) + \operatorname{extra bread}(1.5) + \operatorname{avocado}(2.5) + \operatorname{homemade pesto}(3.0) + \operatorname{hummus}(3.0)$ 

# LUNCH

#### SALADS

GOATS MEADOW7 roasted goat cheese, apple, avocado, cranberry, spelt	8.4
BLOODY BEETROOTS beetroot, apple, avocado, feta, quinoa, pistachio	8.8
THE HARVEST mixed salad, avocado, roasted mushrooms, poached egg	8.4
VEGAN FARMER 🛛 🕑 roasted vegetables, spelt grain, hummus, seeds	8.6

WEEKLY OFFER ... please ask our staff

## SANDWICHES

SALMON 11 cream cheese, avocado, radish, horseradish 8	5.9	ANTIPASTI cream cheese, green pesto	4.9
GOAT CHEESE fig mustard 8, pear	5.2	CAMEMBERT apple, cranberry <sub>8</sub>	5.2
AVOCADO 🚺 walnut pesto, rocket	4.9	MOUNTAIN CHEESE sweet mustard 8, fermented pickles	5.4 s

## FRESH PRESSED JUICES

ANTI - INFLAMMATION 0.3I fennel, apple, lemon, ginger, wheatgrass powder, tumeric	4.9
DETOX 0.3I grapefruit, carrot, yellow pepper, apple, ginger	4.9
VITAMIN BOOST 0.3I beetroot, carrot, apple, ginger, cinnamon	4.9
GINGER SHOT 4cl ginger, lemon, apple, tumeric	2.0
HOMEMADE APPLE-SPRITZ 0.51	3.9
FRESH PRESSED ORANGE JUICE 0.331	4.2

#### SMOOTHIES 0.51

GREEN - avocado, matcha, spinach, cashews, coconut milk, date	5.4
BLUE - blueberry, chia seeds, banana, cucumber, coconut milk, date	5.4
YELLOW - mango, ginger, apple, lemon, tumeric, cinnamon, coconut milk	5.4
LIGHT YELLOW - banana, chia seeds, tumeric, coconut milk, lime, pepper	5.4
RED - avocado, beetroot, orange, lemon, honey, vanilla	5.4
WHITE SHAKE - coconut milk, banana, date, cinnamon, almonds	5.4

#### COFFEE

#### SOFTDRINKS

CAPPUCCINO	2.8
LATTE	3.4
MATCHA LATTE	4.2
FLAT WHITE	3.2
AMERICANO	2.8
ESPRESSO (SGL./DBL.)	1.8/2.4
ESPRESSO MACCHIATO	2.6
HOT CHOCOLATE	3.4
CHAI LATTE (homemade)	4.0
+ oat   almond   lactose-free milk	0.3

## TEA

FRESH MINT	3.0
GINGER - LEMON	3.0
GINGER - LIME- MINT	3.2
EARL GREY   DARJEELING   ROIBOOS   GREEN TEA	3.0

BIOZISCH 0.33I rhubarb, ginger, matcha, lemon, blood orange	3.1
FRITZ - KOLA 0.21 kola1,2,4,5,6,7,9,10, sugarfree1,10, apple-spritz2,4, melon1,4,7,8, orange1,4,7,8	2.2
CLUB MATE1,7,10 0.331	2.8

#### WATER

LEOGANT 0.3I	1.0
LEOGANT 11	2.0
PREUSSEN QUELLE 0.2751 still, medium, classic	2.7
PREUSSEN QUELLE 0.751 still, medium	4.1
BOTTLE 1I	5.0
(glas bottle for take away + refill option)	
FOUNTAIN OF YOUTH 0.52 I coconut water	4.2

#### allergens & additives

- 1 with dye
- 2 with preservative
- 3 with nitrate
- 4 with anti-oxidante
- 5 with flavor enhancer
- 6 sulphurised
- 7 with sweetener
- 8 with sugars and sweeteners
- 9 an additional warning: excessive consumption can have a laxative effect
- 10 contains caffeine. The product may not be nutritionally appropriate for children, pregnant or breastfeeding women.
- 11 smoked

V

For more information about allergens please ask our staff.

vegan friendly

**OUR PARTNERS** 







