

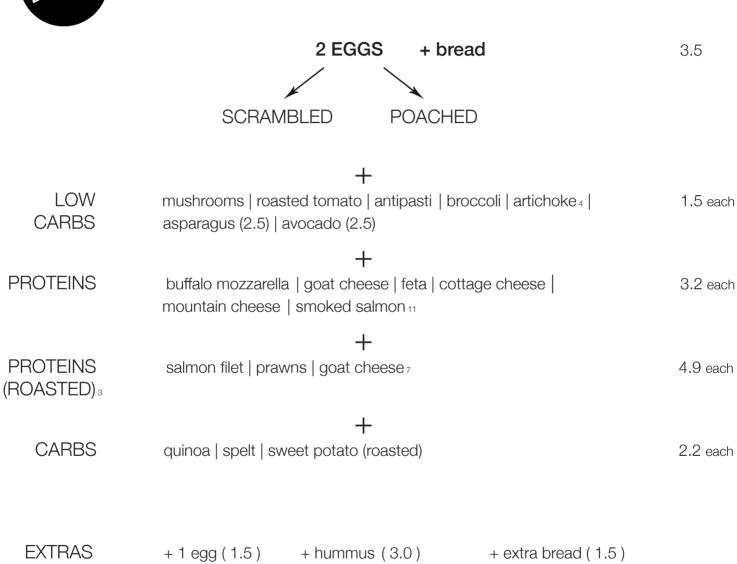
#### **ABOUT**

FECHTNER's name has its roots with Tabea's great-great-aunt, who ran a delicatessen with the same name in West Berlin between 1923 and 1946. During this time FECHTNER delivered salads and delicacies to authors such as the Russian Nabokov, who lived in the same building at the time, and actors including Viktor de Kowa. Sadly the destruction of the building and business in the aftermath of the Second World War spelled the end of the delicatessen, but on the 15th of August 2016 this tradition was brought back to life, fresher than ever, in Berlin Mitte.

Behind the new FECHTNER stand Tabea Meyer and Tobias Vetter, who have created the concept of FECHTNER based on a love of fresh, healthy food and a passion for architecture, art and design.

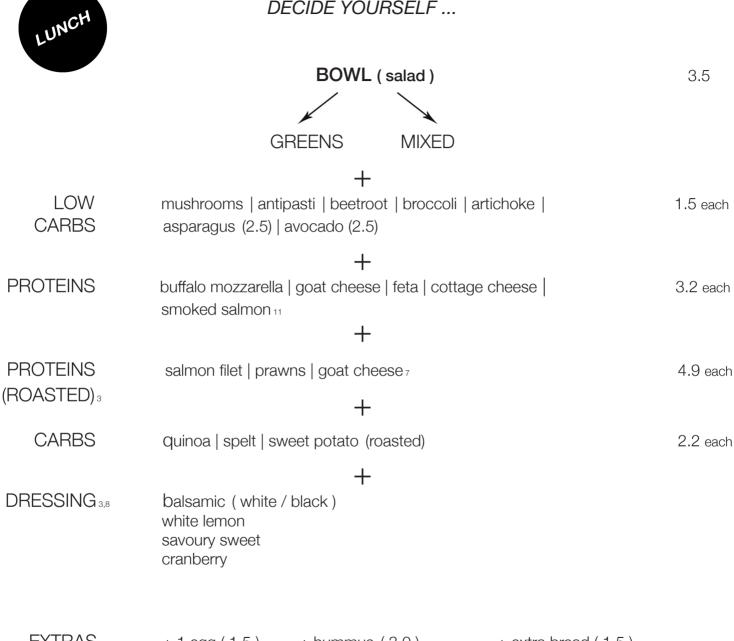
# BRUNCH

#### DECIDE YOURSELF ...



+ 2 eggs (3.0) + homemade pesto (3.0) + extra avocado (2.5)

#### DECIDE YOURSELF ...



# **BREAKFAST**<sub>7</sub>

BIRCHER MÜSLI homemade	4.8
PORRIDGE homemade with oat milk	4.5
GRANOLA homemade roast, yogurt, fruits, honey 7	4.8
CHIA PUDDING homemade, coconut milk, toppings included	6.5
CROISSANT <sub>8</sub> with homemade jam & butter	3.5

SCRAMBLED EGGS	+ bread	POACHED EGGS	+ bread	
chives	4.0	roasted tomato		5.0
roasted tomato, onion	5.0	roasted mushrooms		5.0
mushrooms, onion	5.0	goat cheese		6.2
goat cheese, honey 7	6.5	smoked salmon 11		6.9
smoked salmon 11, chives	6.9			

EXTRAS + 1 egg (1.5) + hummus (3.0) + extra bread (1.5) + 2 eggs (3.0) + homemade pesto (3.0)

# LUNCH

#### **SALADS**

GOATS MEADOW 7 roasted goat cheese, apple, avocado, cranberry, spelt	8.4
BLOODY BEETROOTS beetroot, avocado, feta, quinoa	8.8
THE HARVEST mixed salad, avocado, roasted mushrooms, poached egg	8.4
VEGAN FARMER roasted vegetables, spelt grain, hummus, seeds	8.6

#### WEEKLY OFFER

... please ask our staff

## **SANDWICHES**

SALMON 11 cream cheese, avocado, radish, horseradish 8	5.6	ANTIPASTI cream cheese, green pesto	4.5
GOAT CHEESE fig mustards, pear	4.8	CAMEMBERT apple, cranberry <sub>8</sub>	4.8
AVOCADO walnut pesto, rocket	4.5	MOUNTAIN CHEESE sweet mustard, fermented pickles	5.0 s

### **FRESH PRESSED JUICES**

ANTI - INFLAMMATION 0.3I fennel, apple, lemon, ginger, wheatgrass powder, tumeric	4.9	
DETOX 0.3I grapefruit, carrot, yellow pepper, apple, ginger	4.9	
VITAMIN BOOST 0.3I beetroot, carrot, apple, ginger, cinnamon	4.9	
GINGER SHOT 4cl ginger, lemon, apple, tumeric	2.0	
HOMEMADE APPLE-SPRITZ 0.4I	3.9	
FRESH PRESSED ORANGE JUICE 0.3I	4.2	
SMOOTHIES 0.4I		
GREEN - avocado, matcha, spinach, cashews, coconut milk, date		5.4
BLUE - blueberry, chia seeds, banana, cucumber, coconut milk, date		5.4
YELLOW - mango, ginger, apple, lemon, tumeric, cinnamon, coconut milk		
LIGHT YELLOW - banana, chia seeds, tumeric, coconut milk, lime, pepper		
RED - avocado, beetroot, orange, lemon, honey 7, vanilla		5.4
WHITE SHAKE - coconut milk, banana, date, cinnamon, almonds		5.4

### COFFEE

### **SOFTDRINKS**

CAPPUCCINO	2.8	BIOZISCH 0.33I 3.1 rhubarb, ginger, matcha, lemon,
LATTE	3.4	blood orange
MATCHA LATTE	4.2	FRITZ - KOLA 0.2l 2.2 kola <sub>1,2,4,5,6,7,9,10</sub> , sugarfree <sub>1,10</sub> ,
FLAT WHITE	3.2	apple-spritz <sub>2,4</sub> , melon <sub>1,4,7,8</sub> , orange <sub>1,4,7,8</sub>
AMERICANO	2.8	CLUB MATE <sub>1,7,10</sub> 0.33I 2.8
ESPRESSO (SGL./DBL.)	1.8 / 2.4	
ESPRESSO MACCHIATO	2.6	
HOT CHOCOLATE	ATE 3.4 WATE	
CHAI LATTE (homemade)	4.0	LEOGANT 0.3I 1.0
+ oat   almond   lactose-free milk	0.3	LEOGANT 1I 2.0
+ Oat   airiioiid   iactose-iree iiiiik	0.3	PREUSSEN QUELLE 0.275l 2.7 still, medium, classic
TEA		PREUSSEN QUELLE 0.75I 4.1
FRESH MINT	3.0	still, medium
GINGER - LEMON	3.0	- BOTTLE 1I 5.0
GINGER - LIME- MINT	3.2	(glas bottle for take away + refill option)
EARL GREY   DARJEELING   ROIBOOS   GREEN TEA	3.0	FOUNTAIN OF YOUTH 0.52 I 4.2 coconut water

# allergens & additives

1	with	dye

- 2 with preservative
- 3 with nitrate
- 4 with anti-oxidante
- 5 with flavor enhancer
- 6 sulphurised
- 7 with sweetener
- 8 with sugars and sweeteners
- 9 an additional warning: excessive consumption can have a laxative effect
- 10 contains caffeine. The product may not be nutritionally appropiate for children, pregnant or breastfeeding women.
- 11 smoked

For more information about allergens please ask our staff.

#### **OUR PARTNERS**







